

Table I. Recommended Treatment Regimens for VVC in Diabetic Women^a [CDC 2010]

Over-the-Counter Intravaginal Agents:

Butoconazole 2% cream 5 g intravaginally for 3 days

Clotrimazole 1% cream 5 g intravaginally for 7–14 days

Clotrimazole 2% cream 5 g intravaginally for 3 days

Miconazole 2% cream 5 g intravaginally for 7 days

Miconazole 4% cream 5 g intravaginally for 3 days

Miconazole 100 mg vaginal suppository, 1 suppository for 7 days

Miconazole 200 mg vaginal suppository, 1 suppository for 3 days

Miconazole 1,200 mg vaginal suppository, 1 suppository for 1 day

Tioconazole 6.5% ointment 5 g intravaginally in a single application

Prescription Intravaginal Agents:

Butoconazole 2% cream (single dose bioadhesive product) 5 g intravaginally for 1 day

Terconazole 0.4% cream 5 g intravaginally for 7 days

Terconazole 0.8% cream 5 g intravaginally for 3 days

Terconazole 80 mg vaginal suppository, 1 suppository for 3 days

Oral Agent:

Fluconazole 150 mg oral tablet, 1 tablet in single dose