

Table I. Risk factors for spontaneous preterm birth identifiable by history

- Obstetrical-Gynecological history: prior spontaneous PTB; prior STL; Prior D&Es; prior cone biopsy; uterine anomalies; DES exposure; fibroids; extremes of interpregnancy interval; ART
- Maternal lifestyle (smoking, drug abuse, STIs, etc);
- Maternal pre-pregnancy weight <120 lb (<50kg) or low BMI; poor nutritional status
- Maternal age (<19; >35)
- Race (especially Afro-american);
- Education (<12 grades);
- Certain medical conditions (eg DM, HTN);
- Low socioeconomic status;
- Limited prenatal care
- Family history of spontaneous PTB (poorly studied)
- Vaginal bleeding (especially during second trimester)
- Stress (mostly related to above risks)